

Laura Hieber Adery

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EDUCATION

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- Vanderbilt University, Nashville, TN *August 2015 – present*  
**Clinical Science Doctoral Candidate**  
Primary Advisor: Sohee Park, PhD
- Vanderbilt University, Nashville, TN *August 2013 – August 2015*  
**Master of Arts, Clinical Science**  
Thesis Title: *Effects of Social Isolation and Loneliness on Social Perception*  
Primary Advisor: Sohee Park, PhD
- University of Michigan, Ann Arbor, MI *August 2006 – May 2009*  
**Bachelor of Arts, Psychology (Honors) and Gender & Health Studies**  
Thesis Title: *Early Auditory Sensory Processing Deficits in Schizophrenia*  
Primary Advisor: Patricia Deldin, PhD

RESEARCH EXPERIENCE

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- Graduate Researcher, Clinical Neuroscience Lab** *August 2013 – present*  
Vanderbilt University, Nashville, TN  
*Principle Investigator: Sohee Park, PhD*
- Collaborating Graduate Researcher, Stress and Coping Lab** *August 2013 – December, 2015*  
Vanderbilt University, Nashville, TN  
*Principle Investigator: Bruce Compas, PhD*
- Staff Research Scientist, Cognition and Action Lab** *August 2010 – July 2013*  
UC Berkeley, Berkeley, CA  
*Principle Investigator: Richard Ivry, PhD*
- Research Assistant, Cognition Neuroimaging Lab** *May 2009 – August 2010*  
University of Michigan, Ann Arbor, MI  
*Principle Investigator: John Jonides, PhD*
- Undergraduate Research Assistant, Mood and Schizophrenia Lab** *April 2008 – December 2009*  
University of Michigan, Ann Arbor, MI  
*Principle Investigator: Patricia Deldin, PhD*
- Undergraduate Research Assistant, Reasoning About Social Conflicts Across Lifespan Study** *January 2008 – May 2008*  
University of Michigan, Ann Arbor, MI  
*Principle Investigator: Igor Grossman, PhD*
- Undergraduate Research Assistant, Perinatal Infant-Mother Attachment and Cortisol Study** *August 2007– December 2007*  
University of Michigan, Ann Arbor, MI  
*Principle Investigator: Delia M. Vázquez, MD*

PUBLICATIONS

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Hieber, LL, Kim, J & Park, S (*In prep*). Effects of Social Isolation and Loneliness on Biological Motion Perception.

Bettis, AH, **Hieber LL**, Compas, B. (*submitted*). Comparison of Two Approaches to Prevention of Mental Health Problems in College Students: Enhancing Coping and Executive Function Skills. *The Journal of American College Health*.

Taylor JA, **Hieber LL**, & Ivry RB. (2012) Feedback-dependent generalization. *Journal of Neurophysiology* 109(1):202-15.

COMMENTARY

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Park S, Ichinose M, & **Hieber L**. (2015). [Peer commentary on "Shift toward prior knowledge confers a perceptual advantage in early psychosis and psychosis-prone healthy individuals " by Teufel C, Subramaniam N, Dobler V, Perez J, Finnemann J, Mehta PR, Goodyer IM & Fletcher PC. *Proc Natl Acad Sci U S A* 112(43),13401-6. December, 2015. Available at: <http://www.schizophreniaforum.org/pap/annotation.asp?powID=190884#{18447B2E-1A38-415B-8F77-31E58AF5B0E5}>

TALKS, PRESENTATIONS AND POSTERS

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**Hieber Adery, Kim & Park**. (*accepted*, 2017, March). "*Consequences of Isolation and Loneliness on Social Perception*." **Talk** accepted in the "New Perspectives on Social Cognitive Processes and Social Functioning in Schizophrenia" symposia for the 16<sup>th</sup> Annual International Congress on Schizophrenia Research, San Diego, CA.

**Hieber Adery** & Park, S. (2016, September). *Singing Away the Voices and Blues: A Feasibility Study of Choral Intervention for Schizophrenia*. **Poster** session presented at the 8<sup>th</sup> Annual Vanderbilt Kennedy Center Science Day, Nashville, Tennessee.

**Hieber Adery**. (2016, September). "*Singing Away the Voices and Blues: Feasibility Study of Choral Intervention for Schizophrenia*." **Talk** given at the 2016 Music, Mind & Society Conference, Nashville, TN.

**Hieber LL** (2016, April). *Singing Away the Voices and Blues: Choral Intervention For Auditory Hallucinations And Distress*. **Talk** given at Vanderbilt Kennedy Center Pitch, Pace, & Rhythm- the Essentials of Conducting Music Treatment Research Workshop, Nashville, Tennessee.

**Hieber LL** & Park, S. (2015, October). *Making Meaning: Social isolation, loneliness and social perception acuity*. **Poster** session presented at the 29<sup>th</sup> Annual Meeting of the Society for Research In Psychopathology, New Orleans, Louisiana.

**Hieber LL**, Kim, J. & Park, S. (2015, September). *Making Meaning: The Impact of Social Isolation and Loneliness on Cognitive Performance and Psychological Well-Being*. **Poster** session presented at the 7<sup>th</sup> Annual Vanderbilt Kennedy Center Science Day, Nashville, Tennessee.

**Hieber LL**, Kim, J & Park, S. (2015, April). *Social processing in the schizophrenia spectrum*. **Poster** session presented at the 2<sup>nd</sup> Annual Meeting of the Society for Affective Science, Oakland, California.

**Hieber LL**, Kim, J & Park, S. (2014, September). *Social isolation, loneliness and positive syndrome in the schizophrenia spectrum*. **Poster** session presented at the 28<sup>th</sup> Annual Meeting of the Society for Research In Psychopathology, Evanston, Illinois.

**Hieber LL**, Benson TL & Park, S. (2014, January). *Social isolation, loneliness and delusions in schizophrenia; a test of the social deafferentation hypothesis*. **Poster** session presented at the 7<sup>th</sup> Annual Vanderbilt Kennedy Center Science Day, Nashville, Tennessee.

Taylor JA, **Hieber LL**, Brayonov J, Smith MA, & Ivry RB. (2011, April). *Strategic generalization during visuomotor adaptation*. **Poster** session presented at the 21<sup>st</sup> Annual Meeting of the Society for the Neural Control of Movement, San Juan, Puerto Rico.

Taylor JA, **Hieber LL**, and Ivry RB. (2011, November). *Context-dependent motor generalization*. **Poster** session presented at the 41<sup>st</sup> Annual meeting of the Society for Neuroscience, Washington, DC.

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#### AWARDS, FELLOWSHIPS AND GRANTS

<b>2015 Curb Center Public Scholars Grant Recipient</b>	2015-2016
<i>Vanderbilt Curb Center for Arts, Enterprise and Public Policy, \$2,000.00 research grant</i>	
<b>2015 Smadar Levin Award Finalist</b>	2015
<i>Society for Research in Psychopathology, Annual Conference Graduate Poster Award</i>	
<b>2014 Lisa M. Quesenberry Foundation Fund Recipient</b>	2014-2015
<i>Community Foundation of Louisville, \$3,600.00 research grant</i>	
<b>Vanderbilt University Graduate Student Travel Award</b>	2014-2015, 2015-2016, 2016-2017
<i>Awarded \$500 for conference travel</i>	
<b>Vanderbilt Kennedy Center Travel Award</b>	2013-14, 2014-2015, 2015-2016
<i>Awarded \$250 for conference travel</i>	
<b>2013 Vanderbilt Institute for Digital Learning Fellow</b>	2013-2014

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#### TEACHING EXPERIENCES

##### **Teaching Assistant Experience at Vanderbilt University**

PSY 3120: Cognitive Psychology, Dr. Adrienne Seiffert	Spring 2016
PSY 3615: Emotion, Dr. Leslie Kirby	Fall 2015
PSY 101: General Psychology, Dr. Isabel Gautier	Spring 2015
PSY 252: Human Sexuality, Dr. Leslie Smith	Fall 2014

##### **Lectures Given at Vanderbilt University**

PSY 8360: Seminar in Clinical Science " <i>Singing Away the Voices and Blues: Feasibility Study of Choral Intervention for Schizophrenia</i> "	Spring 2016
SSMV: Who Am I, " <i>The Self-Other Boundary in Schizophrenia</i> "	Spring 2016
PSY 101: General Psychology, " <i>Language Development and Disorder</i> "	Spring 2015
PSY 360: Seminar in Clinical Science " <i>Social isolation, loneliness and positive syndrome in the schizophrenia spectrum: a test of the social deafferentation hypothesis</i> "	Fall 2014

UNIVERSITY AND PROFESSIONAL SERVICE

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**APS Student Research Award Reviewer**

*March 2016*

**Clinical Psychology Student Representative**

*December 2014 – December 2016*

- Plan and coordinate interview weekend for prospective graduate students
- Organize regular meetings for clinical psychology students and directors of clinical training
- Serve as representative for student topics of interest and liaison between faculty and students

**Senior Honors Thesis Committee Member**

Molly Kobritz

*April 2015*

*"Executive Function, Coping, and Psychological Adjustment in Pediatric Brain Tumor Survivors"*

PRACTICUM CLINICAL EXPERIENCE

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**Clinical Predoctoral Intern**

*January 2016 - Present*

Psychē PLLC, DBT Private Therapy Clinic

*Supervisor: Dr. Stephanie Vaughn, PsyD*

- Conduct weekly individual therapy with 4-5 clients with severe mental illness
- Conduct weekly group therapy and DBT skills training groups
- Write, maintain and update progress notes
- Participate in weekly clinic consultation meetings and individual supervision

**Clinical Predoctoral Intern**

*January 2016 - Present*

Vanderbilt Psychiatric Hospital, Adolescent Partial Unit

*Supervisor: Dr. Heather Kreth, PsyD*

- Assist in leading groups
- Write, maintain and update progress notes
- Participate in weekly treatment team meetings and individual supervision

**Clinical Predoctoral Intern**

*January 2016 – June 2016*

Vanderbilt Community Mental Health Clinic

*Supervisor: Dr. Tarah Kuhn, PhD*

- Co-lead adolescent (13-17) CBT-based group
- Perform clinic intake assessments
- Participate in weekly treatment team meetings and individual supervision

**Clinical Predoctoral Intern**

*August 2015 – December 2015*

The Counseling and Learning Center, Franklin, TN

*Supervisor: Dr. Aimee Lyst, PhD*

- Perform psychological, neuropsychological and clinical assessments
- Write, maintain and update assessment reports
- Participate in weekly case discussions and individual supervision

## PRE-PRACTICUM CLINICAL EXPERIENCE

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### **ACM Lifting Lives Camp Leader**

*June 2015*

Vanderbilt University Kennedy Center and Academy of Country Music, Nashville, TN

*Supervisor: Marisa Fisher, PhD, BCBA-D*

- Lead group of individuals with Williams Syndrome in a music-oriented week long camp
- Behavior management and therapeutic relationships as needed

### **Stress and Coping Intervention Group Leader**

*February 2015 – June 2015*

Vanderbilt University Stress and Coping Lab, Nashville, TN

*Supervisor: Bruce Compas, PhD*

- Co-lead group intervention sessions for undergraduate college students
- Provide psycho-education and CBT-oriented intervention for stress and anxiety
- Write, maintain and update clinical progress notes for group members
- Participate in weekly case discussions and group supervision

### **Clinical Intern**

*January 2015 – May 2015*

Associated Psychiatrists of Nashville, Nashville, TN

*Supervisors: Craig A. Clark, MD and Amy Powell, MA*

- Co-lead group therapy sessions for mixed gender pre-adolescent group
- Provide psycho-education and intervention for pre-adolescents (age 8-12) with ADHD, OCD, Social Anxiety, GAD, MDD and other diagnoses.
- Create and explain CBT-oriented worksheets and homework for group members
- Write, maintain and update clinical progress notes for group members
- Collaborate with a multidisciplinary treatment team including mental and medical healthcare providers
- Participate in weekly case discussions, group and individual supervision

### **Psychological Evaluator**

*January 2014 – present*

Private Practice of F. Joseph McLaughlin, Brentwood, TN

*Supervisor: F. Joseph McLaughlin, PhD*

- Conduct periodic cognitive assessments for individuals ages 7–21 who are clinically referred for evaluation to address diagnostic questions of ADHD, learning disabilities, and giftedness
- Utilize a wide range of assessment tools, including: WISC-IV, WAIS-IV, WJ III, Child Behavior Checklist (CBCL), Behavior Assessment for Children (BASC), Brown ADD Scales
- Write integrated reports and provide feedback to patients and their parents
- Participate in case discussions and individual supervision for each assigned case

**Psychological Evaluator**

Vanderbilt University Stress and Coping Lab

Supervisor: Bruce Compas, PhD

- Conduct weekly cognitive assessments for undergraduate individuals ages 18–23 to determine baseline and post-treatment cognitive and emotional function for Stress and Coping Interventions
- Utilize a wide range of assessment tools, including: WISC-IV, WAIS-IV, WASI-II, D-KEFS, Behavior Rating Inventory of Executive Function (BRIEF)
- Write summary and interpretation reports of scores
- Participate in weekly case discussion and individual supervision

**SCID and Psychosis-Related Symptom Evaluator**

August 2013 – present

Vanderbilt University Clinical Neuroscience Lab

Supervisor: Sohee Park, PhD

- Conduct intake and clinical assessments for research participants with schizophrenia and other psychotic disorders
- Administer and score clinical assessment tools, including: SCID-IV-TR, Brief Psychotic Rating Scale (BPRS), Scale for the Assessment of Positive Symptoms (SAPS), Scale for the Assessment of Negative Symptoms (SANS), BDI-II, Prodromal Questionnaire- Brief (PQ-B), Peters Delusion Inventory (PDI), UCLA Loneliness Scale,
- Participate in case discussion and weekly group supervision

**Neuropsychological Evaluator**

August 2010 – July 2013

UC Berkeley Cognition and Action Lab

Supervisor: Richard Ivry, PhD and Robert Knight, PhD

- Conduct intake and neuropsychological assessments of neurotypical adults and patients with neurological conditions such as Parkinson's, Alzheimer's, Cerebellar Ataxia or stroke victims for current functioning, medical history and progression
- Administer, score and train others on a range of assessment tools, including: International Cooperative Ataxia Rating Scale (ICARS), The Montreal Cognitive Assessment (MoCA), The Mini Mental State Exam (MMSE), California Verbal Learning Test (CVLT), WMS, Trail-Making Task, Wisconsin Card Sorting Task, Clock Test
- Coordinate patient visits and at-home assessments

CLINICAL TRAINING COURSEWORK

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**Cognitive Behavioral Therapy**

Fall 2016

Professor Steve Hollon, PhD

Completed course work, case studies and roleplay in conducting standard CBT therapy.

**Neuropsychological Assessment**

Fall 2015

Professor David Zald, PhD

Studied and administered standard clinical neuropsych. assessment batteries and wrote integrated reports

**Personality Assessment***Professor Alanna Truss, PhD*

Studied and administered personality assessments (including: MMPI-2, MMPI-A, MPQ, PAI, SCID-I, ASEBA, BASC-2) and wrote integrated reports

**Psychological Interventions with Children and Adolescents***Fall 2014**Professor F. Joseph McLaughlin, PhD*

Studied evidence-based intervention methods for prevalent child and adolescent disorders

**Cognitive Assessment***Spring 2014**Professor F. Joseph McLaughlin, PhD*

Studied and administered intelligence and achievement tests (including: WAIS-IV, WISC-IV, WJ III, SB5) and wrote integrated reports

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**ADDITIONAL CLINICAL TRAINING AND SKILLS**


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**CBT for Depression Workshop (16 hours)***December 2016*

Beck Institute for Cognitive Therapy, held at Vanderbilt University

*Instructor: Francine Broder, PsyD***CPR Certification***May 2015*

BLS for Healthcare Providers

**Monthly CBT for Psychosis Group Supervision***January 2014 - present*

Vanderbilt Psychiatric Hospital

*Supervisors: Steve Hollon, PhD and Stephan Heckers, MD***Cognitive Behavioral Therapy for Psychosis Workshop (13 hours)***September 2013*

Vanderbilt University Department of Psychology

*Instructor: Emmanuel Peters, PhD*


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**COMMUNITY SERVICE**


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**Crisis Text Line Volunteer Crisis Counselor***<http://www.crisistextline.org/faq/>**January 2016- present***Vanderbilt Clinical Neuroscience Lab Volunteer Liason to Park Mental Rehabilitation Community Center***Nashville, TN, <http://www.parkcenternashville.org>**January 2014- present***Penpals with a Purpose Program Volunteer***Volunteer Scientist in the Classroom Partnership Program, Nashville, TN**August, 2014- present***Girls on the Run Nashville Program Volunteer***Nashville, TN, [www.gotr Nashville.org](http://www.gotr Nashville.org)**August, 2013- present*